

Crop Profile



FLAX

End Uses



Livestock feed



Flaxseed/
linseed oil



Food for human
consumption

Annual Stats*



Manitoba farmers plant
66,252 acres



Manitoba farmers harvest
38,570 tonnes



Crop is valued at
\$28,457,932



Exports are valued at
\$25,607,864

Manitoba Flax Usage**



Top Export Markets**

1 China (45.0% = 15,661 t)

2 United States (28.9% = 10,050 t)

3 Belgium (17.9% = 6,234 t)

DID
YOU
KNOW?



Most of Manitoba's flax crop is processed domestically for **human consumption**, as flaxseed is high in omega-3 fatty acids, fibre and lignans, which act as antioxidants and are not commonly found in many foods.

SOURCES: LeftField Commodity Research, Statistics Canada, Canadian Grain Commission and Trade Data Monitor

*Seeded area, production and crop value data are an average of the 2018/19 – 2022/23 crop years. Export value data are an average of the 2017/18 – 2021/22 crop years.

**Usage and Top Export Destinations data are an average of the 2017/18 – 2021/22 crop years.

For more information,
visit mbcropalliance.ca



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